RAD BASIC SELF DEFENSE INSTRUCTOR CERTIFICATION

Participants may be certified to teach the R.A.D. System of Basic Physical Defense for Women**.**
This intense, 3-day, 30 hour Instructor Program is a cost effective way to obtain your own Self -Defense Instructor(s), and offer this structured, time tested, proactive program to the women in your community.

This is the most comprehensive program of its kind, and now your agency can utilize its basic, tailored format as an addition to your crime prevention / community policing offering. The course is taught in a relaxed environment that is conducive to learning tested instructional technique, proven tactics and unique insight about the problem of violence against women. Our program includes physical defense workouts for technique development and an evening exercise that is designed to simulate confrontational circumstances. From awareness and risk reduction to dynamic impact training, this program covers all the basics! Registration includes a 150+ page Instructor Curriculum with Participant Manual to copy. Upon successful completion of the program an Instructor Certificate and copy authorization letter will be given.

Tuition for the program is $650.00 Checks only!
Tuition for IACLEA Affiliates $600.00
To enroll:
E-mail student name(s) frfpublicsafetyconsultantsllc@gmail.com
Send this completed form to or fax

Make checks payable to:
FRF Public Safety Consultants LLC

FRF Public Safety Consultants LLC
Fran Fox Instructor Trainer
665 Center Street Unit 105
Ludlow, MA 01056
(413) 687-4915 phone
(413 610- 1539 Fax

Enrollment is limited, so act now! Payment is due before the start of the program.
When your registration is received, you will be e-mailed additional information 7 to 10 days prior to the start of the class. A 50 / 50 ratio of women to men must be achieved; no more than 10 male participants allowed, women will be given priority.

This registration form holds a spot for you! Sorry no purchase orders will be accepted.

Name: _____

Address: _____

City: _____State: _____Zip:_____

Organization: _____
Cellular
Phone: _____-_____-_____

E-Mail: _____@_____
Please √ if Police Officer: Yes: _____ No: _____
Please √ your gender: Female: _____ Male: _____
Please √ IACLEA: _____ Member No. _____

Hosted by the
Fitchburg State University Police
Fitchburg, MA.
January 26-28 2027
Program Instructor Trainer:
Fran Fox

Deadline to register for this class is December 29 2026

Payment is due by the registration deadline.. Cancellations are subject to a 30% processing charge from the intended full tuition. Refunds will not be permitted for cancellations made within ten days of the program start. If a program is canceled, a full refund of tuition will be given. Thank-you!

Office Use Only: **Date Received: _____ Check No. : _____ Amount: _____**