



## BASIC PHYSICAL DEFENSE INSTRUCTOR CERTIFICATION



Rape Aggression Defense Systems is the largest women's physical self-defense network in the country today. R.A.D. Systems courses are taught at various colleges, universities, and other community organizations throughout the United States, Canada, and abroad. R.A.D. Systems is also the only self-defense program ever supported by the International Association of Campus Law Enforcement Administrators (IACLEA).

Participants in this RAD Instructor's Course will be certified, upon successful completion of the program, to teach the R.A.D. Systems Basic Physical Defense for Women. This intense 3-day, 30-hour Instructor Certification Program is a cost effective way to obtain your own self-defense instructor(s) and offer this program to the women in your community. This course is the most comprehensive program of its kind – and now your agency can utilize the basic tailored format as a part of your overall crime prevention and education package.

The Instructor Certification Program is dynamic. The course is taught in a relaxed environment that is conducive to learning tested instructional techniques, tactics, and unique insights into the problem of violence against women. The program includes physical defense workouts for technique development and includes an exercise that is designed to empower women to practice what they have learned about confrontational situations.

**Tuition for this program is \$550.00 (\$500.00 for IACLEA members).** Registration includes a 125+ page instructor manual and, upon successful completion, a BPD Instructor certificate. **To enroll for this program, please complete the form and email it to the email address below.** An emailed invoice for secure credit card (MC/VISA/AMEX/Discover) processing will be sent once registration is received. A 3% convenience fee will be added to all credit card transactions. Course details, location and lodging will follow after registration confirmation.

**Amy Andrus, RAD BPD and KDO Instructor Trainer**

Enyo Comprehensive Alliance LLC  
Provo, Utah 84604

**EMAIL: Amya.eca@outlook.com**



**Hosted By:**

**Utah County Sheriff's Office**

**January 20-22, 2026**  
**Spanish Fork, Utah**

*For additional information, please contact:*  
Amy Andrus at 801-380-9109  
Amya.eca@outlook.com



Dept./Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Police Officer: ☐ Yes ☐ No ☐ Female ☐ Male (Male/Female Teams are Highly Recommended)

IACLEA Member: ☐ Yes ☐ No

A 10% discount is available to agencies that register three or more participants. All must attend. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of the program's start date; however, credit will be made toward another RAD Instructor's Program instructed by the same instructor trainer. If the program is cancelled, tuition will be refunded in full.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date